

Details of Activities of NSS Unit, Nowgong College (Autonomous) for the session 2022-2023

1. Plantation:

On June 5th, 2022, the NSS Unit of Nowgong College, organized a successful Plantation Drive to celebrate World Environment Day. The initiative aimed to enhance environmental awareness and promote sustainable practices among students and the local community. Participants planted and distributed 200 saplings. **Mission VRKSH** (Plantation of Medicinal & Fruit Bearing Plant) is an ambitious initiative spans from 2021 to 2026, to plant 5,000 medicinal and fruit-bearing plants in their adopted villages. 1000 plant samplings were distributed and planted by the volunteers under this drive. These plants play a crucial role in supporting local biodiversity and ecosystem services by providing food and habitat for wildlife, thus maintaining ecological balance and contributing to a healthier environment.

From July 17 to August 15, 2022, Nowgong College (Autonomous) spearheaded a transformative initiative under the banner of the Chief Minister's Institutional Plantation Programme. In collaboration with National Service Scheme (NSS) unit, the college embarked on a vigorous plantation drive aimed at enhancing the campus's greenery and promoting environmental consciousness among its community. Throughout this period, students, faculty, and staff united to plant and distribute 200 saplings, each contributing to a lush and thriving green landscape.



2. Blood Donation Camp:

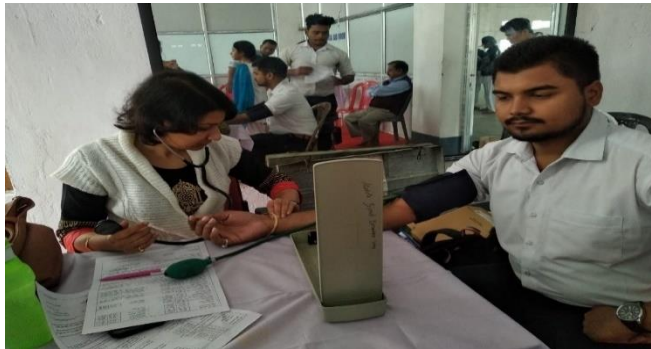
Two blood donation camps were organized in the session 2022-2023. The first camp was organized on 9th May 2022 and the second was on 25th September. This humanitarian initiative aimed to address the critical need for blood in local hospitals and healthcare centers. Volunteers, including students and faculty, participated enthusiastically, donating blood to save lives and support the community's health infrastructure. The event underscored the NSS Unit's dedication to social responsibility and the spirit of altruism fostered within the college. A total of 95 units of blood were collected, out of which the “*TeamLife*” has donated 6 units of blood and from the camps 89 units of blood were collected.



3. Health/Eye/Immunization Camps:

04 nos. of health checkup camps were organized during the session. On February 5th and 6th, 2022, the NSS Unit of Nowgong College, organized Mega Free Health Camps. This significant community outreach initiative provided essential medical services to hundreds of local residents, offering free check-ups, consultations, and basic treatments. The camp brought together a team of dedicated healthcare professionals and enthusiastic volunteers, emphasizing the college's commitment to improving public health and wellbeing. The successful event highlighted the NSS Unit's proactive role in addressing healthcare needs and fostering community welfare.





4. Awareness programme/ Rallies/ Campaigns organized:

a) AIDS Awareness

All together 4 number of programmes were organized by the NSS Unit of Nowgong College for HIV-AIDS Awareness Camp throughout the session 2022-23. The initiative aimed to educate students and the community about HIV/AIDS prevention, treatment, and stigma reduction. Through informative sessions, discussions, and interactive activities, participants gained valuable insights into the importance of safe practices and support for those affected by the disease.

b) Environment Awareness

The NSS Unit of Nowgong College, organized 5 environmental awareness in the session 2022 – 23 including "Say No to Crackers" Awareness Programme. This initiative aimed to promote environmental conservation and public health by raising awareness about the harmful effects of firecrackers. Through informative sessions and campaigns, the programme educated students and the community about the importance of celebrating festivals in eco-friendly ways.

c) Other Awareness Programme

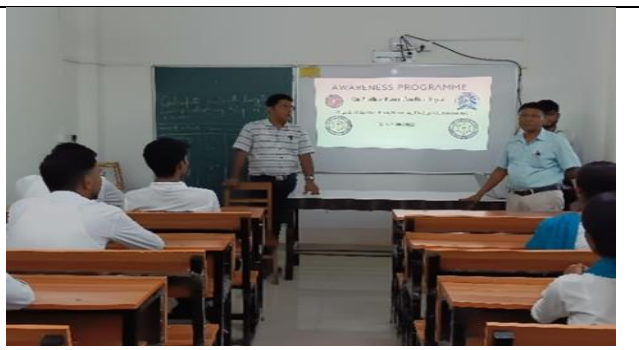
From March 1st to March 7th, 2023, the NSS Unit of Nowgong College, conducted a Water Awareness Week Programme. This initiative aimed to highlight the importance of water conservation, sustainable usage, and pollution prevention among students and the local community.

On March 6th, 2023, the NSS Unit of Nowgong College, guided by Dr. Bhuvan Chandra Chutia, organized an Awareness Programme on Herbal Holi. This initiative aimed to promote eco-friendly celebrations by advocating for the use of natural and herbal colors during the festival of Holi.

On the occasion of International Women's Day, the District Hub for Empowerment of Women, Nagaon, under the Department of Women and Child Development, Nagaon, organized a profound workshop titled "Youth for Equality: Understanding Gender-Positive Masculinity and Addressing Gender-Based Violence." Held in collaboration with the NSS Unit of Nowgong College (Autonomous) and supported by the Nagaon District Administration, this workshop brought together a vibrant mix of participants, including the NSS units of ADP College and Khagarijan College.

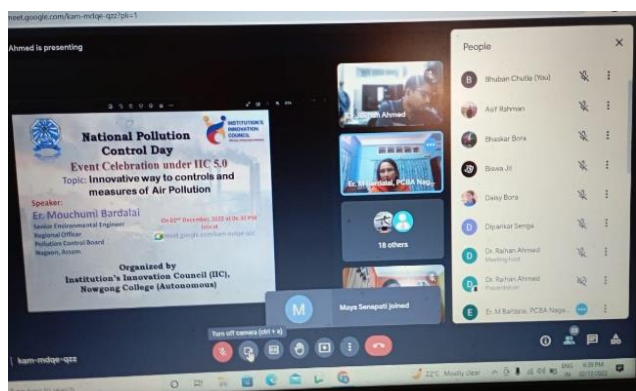
Under the leadership of Dr. B. C. Chutia, the NSS Unit of Nowgong College organized Mega Awareness Programmes on several flagship programmes launched by the Government of India. These initiatives, held on May 24th, 2022, June 19th, 2022, and March 21st, 2023, aimed to educate students and the community about key government schemes such as Ujjwala Yojana, Pradhan Mantri Jan Dhan Yojana, and Pradhan Mantri Jeevan Jyoti Bima Yojana. Additionally, the programmes focused on promoting digital literacy, fostering awareness about cashless transactions, and encouraging participation in initiatives for a digitally empowered society.





5. Observation of National Pollution Day:

On December 2nd, 2022, the NSS Unit of Nowgong College, celebrated National Pollution Day with an awareness Programme in online mode. This initiative aimed to highlight the detrimental impacts of pollution on our environment and health. The programme raised awareness among students and the local community about the importance of pollution control measures and sustainable practices. In connection with this an interaction programme with Assam pollution Control Board and Brick industry owners was organized on 4th March 2023.



6. Awareness Programme on Renewable Energy:

On December 12th, 2022, the NSS Unit of Nowgong College, an Awareness Programme on Renewable Energy. This initiative aimed to educate students and the community about the importance and benefits of renewable energy sources such as rooftop solar energy. Through informative seminars, demonstrations, and discussions, participants learned about the potential of renewable energy in addressing climate change, reducing carbon emissions, and ensuring sustainable development. The programme emphasized the role of individuals and communities in transitioning towards cleaner and more environmentally friendly energy solutions.



7. POCSO Act, 2012:

04 nos. of awareness programmes were organized on POCSO Act during the session at adopted villages and other places. On May 13th and November 20th, 2023, the NSS Unit of Nowgong College conducted an Awareness Programme on the POCSO Act, 2012. This initiative aimed to educate students and the community about the Protection of Children from Sexual Offences Act, emphasizing the legal provisions and rights of children. Through workshops,

seminars, and discussions, participants gained understanding on identifying and reporting instances of child sexual abuse, as well as the importance of child protection measures. The programme underscored the NSS Unit's commitment to raising awareness about safeguarding children and ensuring their safety and well-being.



8. Gender Sensitization:

During this session 06 nos. of programmes were conducted on gender sensitization. These programmes were also conducted during special camps, induction programmes besides other programmes. On March 29th, 2023, the NSS Unit of Nowgong College, organize awareness programmes focused on Gender Sensitization. These initiatives aimed to foster understanding and promote equality among students and the community. Through workshops, interactive sessions, and discussions, participants were educated about gender stereotypes, discrimination, and the importance of creating inclusive environments. The programmes emphasized respect, empathy, and the empowerment of individuals, reflecting the NSS Unit's commitment to nurturing a society where all genders are valued and respected equally.



9. Programme on Persons with Disabilities:

During the session 04 nos. of programmes conducted. These programmes were aligned with the Special Camp of NSS volunteers. On December 3rd, 2022, the NSS Unit of Nowgong College, under the leadership of Dr. B. C. Chutia, organized awareness programmes focused on persons with disabilities. These initiatives aimed to raise awareness about disability rights, accessibility issues, and inclusion within the community. Through seminars, workshops, and interactive activities, participants learned about the challenges faced by individuals with disabilities and the importance of promoting equal opportunities and support. The programmes underscored the NSS Unit's commitment to advocating for inclusivity and empowering individuals with disabilities to participate fully in society.



10. Programmes related to Plastic free:

06 nos of programmes related to plastic free were organized during the session. On March 27th, 2023, the NSS Unit of Nowgong College organized an awareness programme focused on a Plastic Collection Drive. This initiative aimed to address the environmental impact of plastic pollution by encouraging students and the community to actively collect and recycle plastic waste. Through educational campaigns, practical demonstrations, and community engagement activities, participants were motivated to contribute towards a cleaner environment and promote sustainable practices. The programme highlighted the importance of reducing plastic consumption, recycling effectively, and raising awareness about the detrimental effects of plastic on ecosystems and human health.



11. Programmes related to Adult Literacy:

03 nos of adult literacy programme were organized during the session. The NSS Unit of Nowgong College conducted several awareness programmes on adult literacy. These initiatives, held on April 5th, 2022, October 15th, 2022, and March 21st, 2023, aimed to promote literacy among adults in the community. Through workshops, educational sessions, and outreach efforts, participants were empowered with essential literacy skills, enabling them to enhance their knowledge and improve their quality of life. The programmes underscored the NSS Unit's commitment to education as a tool for empowerment and societal development, fostering inclusivity and lifelong learning opportunities.



12. Green Village:

05 nos. of programmes organized during the session. These programmes were also incorporated in the agenda of special camp. On September 17th, 2022, the NSS Unit of Nowgong College organized awareness programmes focused on promoting the concept of Green Village. These initiatives aimed to educate the community about sustainable living practices, including waste management, energy conservation, and organic farming. Through workshops, demonstrations, and community engagement activities, participants learned how small changes in daily habits can contribute to environmental preservation and improve overall quality of life. NSS volunteers also conducted awareness programmes on clean energy. The programme emphasized the importance of collective action in creating eco-friendly communities and fostering environmental stewardship.



Other Outstanding Activities

- **Flood Relief Distribution by NSS and Student Union of Nowgong College**

On May 26, 2022, the NSS unit and the Student Union of Nowgong College (Autonomous) joined hands in a remarkable display of compassion and solidarity, reaching out to flood-affected communities in their time of need. Responding to the devastating impact of the floods, they organized a comprehensive relief distribution drive, providing essential supplies and support to those severely impacted by the calamity.



- **Special lecture program on adolescence and mental health**

On August 16, 2022, Nowgong College (Autonomous) hosted a special lecture program on "Adolescence and Mental Health" in collaboration with its NSS unit and the Internal Quality Assurance Cell (IQAC). This insightful event featured Dr. Nandita Bezbaruah, an Associate Professor from the Department of Social Work at Minnesota State University Moorhead, as the esteemed speaker. Dr. Bezbaruah's expertise provided invaluable perspectives on the challenges and intricacies of adolescent mental health.



- **One Day Workshop on Swachhta [Water, Sanitation and Hygiene (WASH)]**

NSS Unit of Nowgong College (Autonomous) in association with Internal Quality Assurance Cell (IQAC) of Nowgong College (Autonomous) organized One Day Workshop on Swacchta entitled “Water, Sanitation and Hygiene (WASH)” on 18th June, 2022. The workshop was supported by Directorate of NSS, North-Eastern Region of India. Mr. Dipak Kumar, Regional Director of NSS, North-Eastern Region of India graced the workshop as Chief Guest. He explained the aim, objectives and activities of NSS in his speech. He mentioned that educational institutions are the actual platform for selfless service to the society and requested the volunteers to devote at least two hours weekly for betterment of the society. Ms. Barnali Ghosh, WASH Expert participated the workshop as Resource Person and delivered her lecture on water, sanitation and hygiene. She explained pros and cons of the swacchta. As a part of the workshop NSS volunteers participated *Shramdaan programme* in different locations and business establishments of Nagaon. 50 NSS volunteers from Nowgong College (Autonomous), Nagaon Girl’s College and Dr. B. K. B. College participated the day long workshop.



नगांव कॉलेज में जल व स्वच्छता पर कार्यशाला

पूर्वांचल प्रहरी निज संवाददाता नगांव: पूर्वांचल एनएसएस निदेशालय के तत्वावधान में और नगांव कॉलेज (स्वायत्त) द्वारा और आंतरिक मानक आश्वासन प्रकोष्ठ के सहयोग से जल, स्वच्छता और स्वच्छता पर एक कार्यशाला आयोजित की गई। कार्यशाला का संचालन नगांव कॉलेज के आंतरिक गुणवत्ता आश्वासन प्रकोष्ठ के समन्वयक द्वारा डॉ. भुवन चंद्र चुतिया (कार्यक्रम अधिकारी) दर्शाया किया गया। कार्यशाला का स्वागत प्राचार्य डॉ. शरत बरकटकी ने किया। कार्यशाला में एनई के एनएसएस निदेशक दीपक कुमार ने कहा कि छात्रों को सप्ताह में कम-से-कम दो घंटे समाज को समर्पित करना चाहिए। वॉश एक्सपर्ट वर्णाली घोष ने पानी,

कार्यक्रम के दौरान उपस्थित कार्यकर्तागण।

स्वच्छता और स्वच्छता पर एक दिलचस्प व्याख्यान दिया। स्वच्छता शौचालयों के निर्माण से एक बेहतर समाज और पर्यावरण का निर्माण हो सकता है। उन्होंने शैक्षणिक संस्थानों से पैड बैंक स्थापित करके मासिक धर्म के बारे में जागरूकता बढ़ाने के लिए कदम उठाने का भी अनुरोध किया। प्रतिभागियों ने नगांव पौरसभा के सहयोग से कई व्यावसायिक क्षेत्रों से कचरा एकत्र किया। कार्यशाला में नगांव कॉलेज (स्वायत्त), नगांव गल्स कॉलेज, डॉ. बिरिश्नी कुमार बरुआ कॉलेज की 50 छात्राओं एनएसएस के सदस्य और कार्यक्रम अधिकारी और नगांव कॉलेज (स्वायत्त) एनएसएस डॉ. मानस ज्योति निर्मलिया, कार्यक्रम अधिकारी, एनएसएस-2 समूह ने धन्यवाद प्रस्ताव दिया।

- **Ek Tareekh Ek Ghanta (ETEG) under *Swachhata Hi Seva*:**

National Service Scheme (NSS) Unit in association with Internal Quality Assurance Cell (IQAC) and Yuva Tourism Club of Nowgong College (Autonomous) took part in the 'Ek Tareekh Ek Ghanta' under "Swachhata Hi Seva" Campaign and celebrated Swachhata Divas. As a part of celebration, mass *Swachhata Shramdaan programme* was organized by NSS volunteers and members of Yuva Tourism Club within the college premises and market places with the help of Nagaon Municipal Board. The NSS volunteers vow to uphold the spirit of '*Swachhata Hi Seva*'.



Special Camp 2022-2023

In 2023, the NSS unit of Nowgong College (Autonomous), organized NSS special camp in Bangthai Village, Bebejia, Nagaon district from 24th to 30th March 2023. The camp featured a variety of impactful programs aimed at community development and awareness. A plantation drive was conducted to promote environmental conservation. An adult literacy initiative was launched to empower the local population with essential reading and writing skills. The camp also included an awareness session on the Protection of Children from Sexual Offences (POCSO) Act to educate the community about child safety and legal rights. Additionally, the volunteers participated in Shram Dan, engaging in community service and cleanliness drives. A blood donation camp was also held, encouraging villagers to contribute to saving lives.





NSS SPECIAL CAMP, 2023

Date: 24th March to 30th March, 2023

Venue: Niz. Dimow & Bangthai, Bebejia, Nagaon

Theme of the Camp:

Survey of Youth not in Formal Education or Regular Employment

Organised by

NSS Unit I & II Nowgong Collection (Autonomous)

