

Details of Activities of NSS Unit, Nowgong College (Autonomous) for the session 2021-2022

1. Plantation

On World Earth Day (April 22nd, 2021) and World Environment Day (June 5th, 2021), Nowgong College (Autonomous), in collaboration with the NSS unit, undertook a commendable plantation drive to celebrate these significant environmental days. Students and staff united to foster a greener campus by planting various trees and plants across the college grounds, enhancing its aesthetic beauty, and reinforcing the importance of environmental stewardship and sustainability. In addition to this, a notable part of the initiative involved planting 200 saplings on World Earth Day and 500 saplings on World Environment Day. These efforts contributed significantly to the college's green landscape and demonstrated a proactive approach toward environmental conservation. Demonstrating their commitment to protecting and nurturing our planet for future generations, the NSS unit also launched **Mission VRKSH**. This initiative promotes the planting of medicinal and fruit-bearing plants in adopted villages and public places, with the motto: "PLANT TREES AND SAVE NATURE; PLANT & GIFT A SAPLING ON YOUR BIRTHDAY." During the 2021-2022 session, 1000 medicinal and fruit-bearing plant saplings were planted and distributed, showcasing the college community's dedication to environmental sustainability and community health.



2. Blood donation

On 16th March, 2021 and 9th May 2022, Nowgong College (Autonomous) NSS unit organizes two mass blood donation camps. The efforts continued with Phase I of an Awareness Campaign on August 12th, 2021, focusing on HIV, TB, and voluntary blood donation. These initiatives fostered a spirit of altruism and health awareness within the college community. Notably, the NSS unit created an emergency blood donor group, "**TeamLife**," where each month, at least 10 volunteers are ready to donate blood. In total, 83 units of blood were collected, with 04 units donated by "**TeamLife**".



3. Health/Eye/Immunization camps

On April 8th, 2021, in celebration of World Health Day, Nowgong College's NSS unit organized a free health camp offering comprehensive health check-ups for students, staff, and the local community. This initiative aimed to promote health awareness and early detection of medical conditions. Supported by dedicated healthcare professionals, the camp provided valuable health services, fostering a culture of well-being and preventive care. Over the year, three such camps were organized, underscoring the college's commitment to the health and wellness of its community members.



4. Awareness Programme/Rallies/Campaigns

a) AIDS Awareness

A total of 3 nos. of AIDS awareness programmes were organized. On August 12th, 2021, the Assam State AIDS Control Society, in collaboration with the Nowgong College Red Ribbon Club and NSS Unit, organized a Zonal Level Re-orientation cum HIV/AIDS Awareness Workshop at Nowgong College (Autonomous). This significant event brought together over 100 participants from various academic institutions across the Nagaon, Morigaon, Hojai, and Karbi Anglong districts. Dr. Ranjan Goswami, the District AIDS Control and Drugs Officer, delivered an insightful lecture on HIV/AIDS and drug addiction, enlightening attendees on these critical health issues. This workshop, one of three organized, fostered a deeper understanding and awareness, emphasizing the importance of education and prevention in the fight against HIV/AIDS and drug abuse.



b) Environment Awareness

During the 2021-2022 session, Nowgong College Autonomous celebrated 05 major environmental awareness programs in collaboration with its NSS unit: World Environment Day, World Ozone Day, World Biodiversity Day, World Forestry Day, and International Mother Earth Day. Additionally, the college marked its commitment to environmental conservation by celebrating Herbal Holi and Cracker-Free Diwali, emphasizing the importance of sustainable practices.



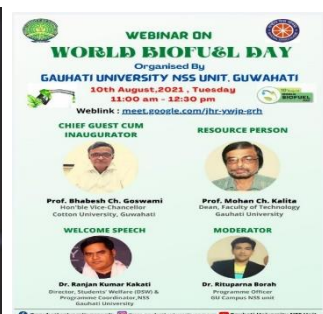
c) Other Awareness Programme

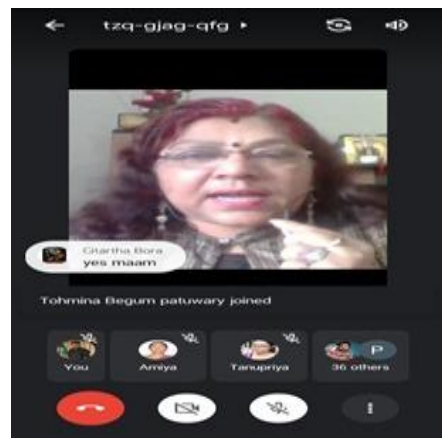
During the 2021-2022 session, Nowgong College Autonomous organized a series of impactful awareness programs in collaboration with its NSS unit. On World Water Day, March 22, 2022, the college hosted an informative event dedicated to water conservation, featuring engaging sessions and discussions about sustainable practices. National Science Day, celebrated on February 28, 2022, saw the NSS unit organizing interactive workshops, exhibitions, and seminars to inspire students to appreciate scientific achievements and innovations. The college also celebrated World Earth Day on April 22, 2021, with volunteers distributing and planting 800 saplings in their local communities.

World Cycle Day on June 3rd, 2021, featured an awareness camp promoting the benefits of cycling, highlighting its environmental and health advantages. On August 10th, 2021, Nowgong College joined Gauhati University in celebrating World Biofuel Day, focusing on the significance of biofuels as sustainable energy sources. World Zoonosis Day saw the organization of informative sessions on zoonotic diseases and their prevention. International Youth Day on August 12th, 2021, emphasized youth empowerment through engaging discussions and activities such as painting competition, inter-college speech competition, debate and slogan writing competition etc.

Constitution Day on November 26, 2021, featured educational sessions on the significance of the Indian Constitution. World Blood Donor Day celebrated the importance of blood donation through informative sessions and donation drives. On November 9th, 2021, a Human Chain event promoted a crackers-free Diwali, raising awareness about the environmental and health impacts of fireworks. Women's Day was celebrated with inspiring speeches and activities recognizing women's achievements and contributions.

An awareness program on “Tobacco Burden & Cancer Control” was organized on December 24, 2021, in collaboration with the Assam Cancer Care Foundation. The International Day against Drug Abuse and Illicit Trafficking was observed with activities and sessions highlighting the dangers of drug abuse. Lastly, International Human Rights Day featured insightful talks and activities, raising awareness about human rights and their role in promoting justice and equality. The NSS volunteers played a crucial role in ensuring the success of these events, leaving a lasting impact on the attendees.





CELEBRATION OF WORLD ZOOZNOSES DAY 2021

Organized by
Gauhati University NSS Cell in association with Humane Society International/India

<http://meet.google.com/odc-emvr-wtz>

Date: 06th July, 2021
Time: 4:30 pm - 8:30 pm

National Webinar on
"Intensive Animal Agriculture could spark the next Pandemic"

CHIEF GUEST	INAUGURATOR	WELCOME ADDRESS
 Prof. Binchi Kr Das Head of the Department Assam University, Assam	 Prof. Shweta Saran School of Life Sciences Jawahar Institute of Science & Technology Gauhati University, New Delhi	 Dr. Ranjan Kr. Kakati Professor, School of Life Sciences Programme Coordinator, NSS Gauhati University
INVITED SPEAKERS		
 Swarnali Roy Manager, Farm Animals Protection Campaign Humane Society International/India	 Naynika Gogoi Core Staff, Humane Campaign Humane Society International/India	

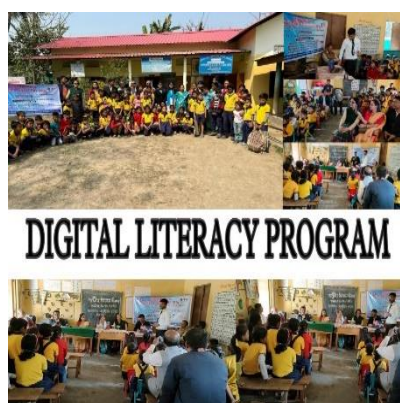
During the 2021-2022 session, Nowgong College Autonomous, in collaboration with its NSS unit, organized a series of impactful awareness programs in their adopted village, Bangthai. Twice throughout the year, the NSS unit led initiatives to educate and empower the local community on various crucial topics. The awareness program about the Ujjwala Yojna aimed to inform villagers about the benefits of LPG connections, promoting cleaner and safer cooking methods. Through informative sessions and interactive discussions, the NSS volunteers highlighted the health and economic benefits of the scheme, successfully encouraging villagers to embrace this government initiative.

Similarly, the NSS unit organized an awareness program on the Pradhan Mantri Jandhan Yojana, focusing on financial inclusion and access to banking services. Volunteers explained how to open Jandhan accounts and the advantages of having a bank account, fostering financial literacy and empowerment within the community.

The Pradhan Mantri Jeevan Bima Yojana awareness program educated villagers about affordable life insurance coverage for the economically disadvantaged. Through informative sessions, NSS volunteers emphasized the importance of financial security and encouraged villagers to take advantage of this scheme.

In their commitment to environmental sustainability, the NSS unit actively raised awareness about renewable energy through various initiatives and programs. They organized informative sessions, workshops, and demonstrations on the benefits of renewable energy sources like solar and wind power, encouraging the adoption of eco-friendly practices.

Additionally, on August 29th, 2021, Nowgong College and its NSS unit promoted digital literacy and supported the Cashless India campaign by donating a computer system to Bangthai Village. This initiative aimed to empower the community with essential digital skills and facilitate access to modern technology, bridging the digital divide and promoting a cashless society. These programs collectively reflect the college's dedication to community welfare, financial empowerment, environmental sustainability, and digital inclusion, showcasing the significant impact of their efforts in fostering a better quality of life for the villagers.



5. Cleanliness Activities Organized Under Swachh Bharat Abhiyan

A total of 6 nos. of cleanliness drives were organized in the session at adopted village, college campus and Nagaon town area with the help of Nagaon Municipality Board. One programme was arranged on college foundation day i.e. 7th August. In the special camp NSS volunteers organized cleanliness programmes at public places of the adopted village.



6. POCSO act related Programmes

In the year 2021-2022, Nowgong College Autonomous, through its NSS unit, organized three significant awareness programs focused on child protection under the POSCO (Protection of Children from Sexual Offenses) Act, 2012.

The first program was held in Dakhinpaat, Bebejia, an adopted village, where the NSS unit conducted an informative event aimed at raising awareness about the increasing cases of child sexual abuse. The villagers were educated about the POSCO Act, which provides comprehensive protection for children against sexual assault, harassment, and pornography. The program emphasized the importance of safeguarding children's rights and provided information about various helpline numbers for emergencies, aiming to deter such offenses and support affected individuals.

Later in the year, another awareness program on the POSCO Act was organized in Dimow Village. This event continued the efforts to educate the community about child protection, reinforcing the message of the Act and encouraging vigilance and reporting of any child sexual abuse cases.

These initiatives highlight the NSS unit's commitment to promoting child safety and legal awareness, ensuring that communities are well-informed about the protections available under the POSCO Act.



7. Programmes related to Gender Sensitization

Gender sensitization is crucial in promoting gender equality and awareness in today's society. During the year 2021-2022, Nowgong College Autonomous, in collaboration with the NSS Unit, IQAC, and the Women's Cell, organized a series of five impactful gender sensitization programs.

One notable event was held on the eve of International Women's Day at the SPP Girl's Hostel of the college. The program brought together over 200 NSS volunteers and members of the Women's Cell for an in-depth discussion on critical issues such as sexual harassment,

sexual stereotyping, and the need for counselors sensitive to diverse experiences including caste, minority status, and sexuality.

These programs were instrumental in generating awareness and fostering a deeper understanding of gender-related issues, reflecting the college's commitment to promoting gender equality and supporting women's rights. Each event contributed to empowering participants with knowledge and encouraging a more inclusive and equitable environment.



8. Programmes related to Persons with Disability

“The human spirit is one of ability, perseverance, and courage that no disability can steal away.” Inspired by this belief, NSS Volunteers, organized three significant programs in the year 2021-2022 for the students of Sreemanta Sankar Mission Blind School in Barhampur Grant, Nagaon.

The first program featured an interactive session where students were made aware of the importance of completing their education and the various benefits it offers. The session aimed to inspire and motivate the students, emphasizing that their educational journey is a key to unlocking future opportunities.

The second program included a plantation drive at the school premises. This initiative not only contributed to environmental sustainability but also provided a hands-on activity that the students could engage in, promoting a sense of accomplishment and environmental stewardship.

These programs reflect the NSS unit's commitment to supporting and empowering individuals with disabilities while fostering a spirit of perseverance and courage.



9. Programmes related to plastic-free

The NSS Unit of Nowgong College organized six events throughout the session with a focus on "Say No to Single-Use Plastics." Each event, engaged over 300 students, NSS and NCC volunteers, faculty, and staff. Activities included campus cleaning drives, sapling planting, and cloth bag distribution. The college also recognized Mr. Nagen Rabidas for his efforts in maintaining campus cleanliness. In addition, a team of NCC volunteers participated in the "Fit India Plogging Run" organized by the Nagaon district administration. NSS volunteers not only took part in these initiatives but also embraced plastic-free practices in their hometowns, showcasing their commitment to environmental sustainability.



10. Programmes related to Adult Literacy

Adult literacy is crucial for national and individual development, as it equips people with the essential knowledge and skills needed for progress. In the year 2021-2022, the NSS unit of Nowgong College Autonomous organized three impactful Adult Literacy Programs in their adopted villages.

The first program was conducted in Bangthai, followed by a second session in Dimow. Approximately 100 NSS volunteers participated in these programs, actively engaging with the local community to provide valuable information. The volunteers educated villagers about various government schemes and their benefits, offering guidance on how to access these resources effectively.

In alignment with the Digital India Mission, the programs also included awareness about e-services. Villagers were introduced to online bill payments, transactions, and LPG booking services, enhancing their digital literacy and facilitating easier access to essential services. These initiatives reflect the NSS unit's commitment to empowering individuals through education and technology, contributing to their overall development and progress.



11. Programmes related to Green Village

On June 23rd, 2021, Nowgong College, in collaboration with the NSS unit, organized an Awareness on Green Village campaign. This initiative aimed to educate and inspire the community about sustainable practices and the importance of maintaining green, eco-friendly villages. Through interactive sessions, workshops, and community engagement activities, participants learned about waste management, tree plantation, and renewable energy sources. The event fostered a collective sense of environmental stewardship and encouraged everyone to contribute to creating greener, healthier villages.

Building on the success of this event, Nowgong College organized a second Green Village campaign in December 2021. This follow-up program continued to emphasize sustainable practices and eco-friendly living. Participants once again engaged in activities related to waste management, tree planting, and the use of renewable energy. The repeated efforts highlighted the college's ongoing commitment to environmental conservation and further encouraged the community to adopt green practices for a healthier and more sustainable future. Nowgong College organized a total of four activities during the particular session.



12. Other Outstanding Activities

- **Celebration of National Youth Day-2022**

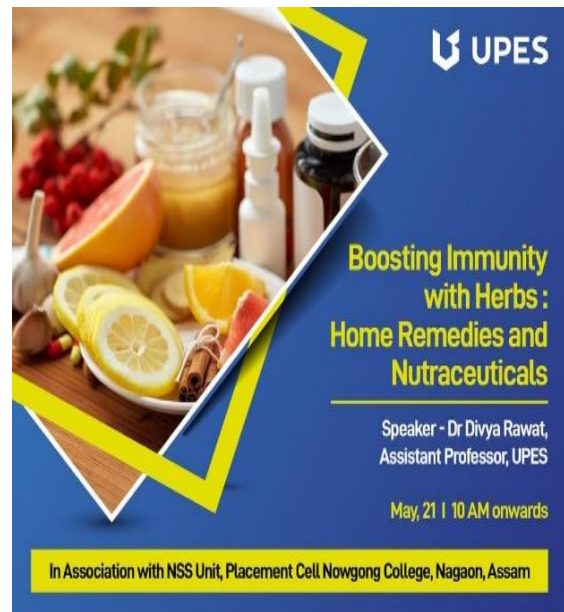
NSS Unit, Nowgong College (Autonomous) in association with Red Ribbon Club, Nowgong College (Autonomous) celebrated National Youth Day-2022 on 12th January, 2022 supported and catalyzed by Assam State AIDS Control Society, Govt. of Assam with various activities.





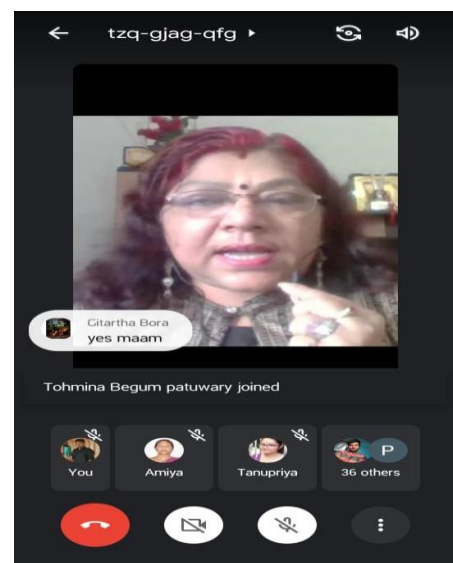
• **Webinar on Boosting Immunity With Herbs : Home Remedies & Nutraceuticals**

On May 21st, 2021, Nowgong College, in collaboration with the NSS unit, hosted an enlightening webinar titled "Boosting Immunity with Herbs: Home Remedies & Nutraceuticals." The session focused on the use of herbal remedies and nutraceuticals to enhance immune health. Esteemed speakers shared valuable insights into natural approaches for strengthening the immune system, emphasizing the benefits of incorporating herbs and supplements into daily routines. The webinar provided participants with practical knowledge and actionable tips, fostering a deeper understanding of holistic health practices and the importance of maintaining a robust immune system.



• **Workshop on “Guidance for Psychosocial Counselling & Covid Helper Skills”**

On May 26th, 2021, Nowgong College, in association with the NSS unit, hosted a workshop titled “Guidance for Psychosocial Counseling & COVID Helper Skills.” The session was led by Dr. Savita Mishra from the Mahatma Gandhi National Council of Rural Education (MGNCRE), Government of India. Dr. Mishra provided valuable insights into psychosocial counseling techniques and essential skills for assisting during the COVID-19 pandemic. The workshop equipped participants with practical tools and knowledge to support mental health and navigate the challenges of the pandemic, underscoring the college's commitment to enhancing community well-being and resilience.



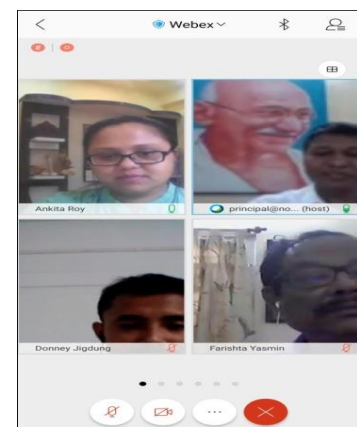
- **Celebration Of International Day of Yoga 2021**

On June 21st, 2021, Nowgong College, in collaboration with the NSS unit, celebrated the International Day of Yoga with a guest lecture program. The event featured distinguished speakers who provided insightful discussions on the benefits of yoga for physical and mental well-being. Participants engaged in various yoga sessions and learned about integrating yoga practices into their daily lives. This celebration highlighted the importance of yoga as a holistic approach to health and fostered a deeper appreciation for its role in enhancing overall wellness and harmony.



- **Online Institutional Workshop on Swachhta**

NSS unit & Swachhta Action Plan (SAP) Unit of Nowgong College (Autonomous) in association with Mahatma Gandhi National Council of Rural Education (MGNCRE), Ministry of Education, Govt. Of India. Organized an online institutional workshop on swachhta on 4th may 2021. Ms. Ankita Roy, MGNCRE delivered her talk on Swachhata activities in the campus to be undertaken for a ecofriendly environment.



- **District Youth Parliament in association with NYK (Nehru Yuva Kendra)**

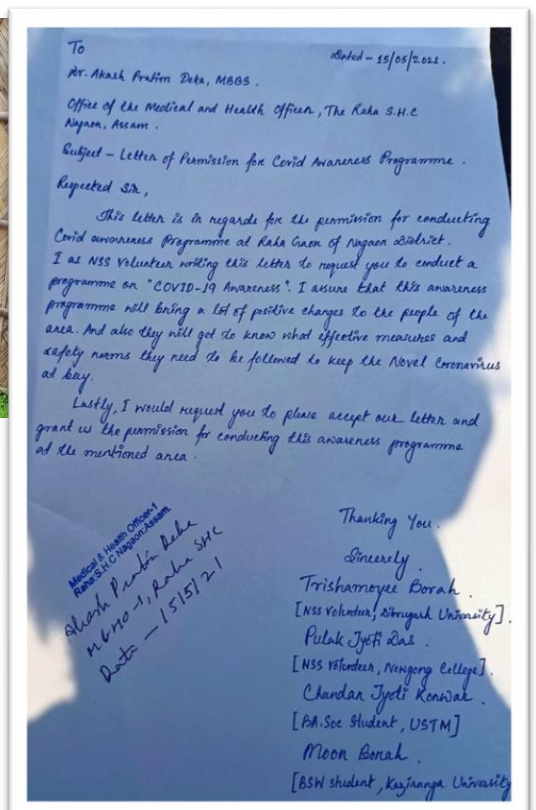
As part of National Youth parliament Festival 2021, Nehru Yuva Kendra in association with NSS unit, Nowgong College organized District Youth parliament on 28th December 2021 in virtual mode. More than 100 participants from seven districts including Nagaon, Morigaon, Hojai, kamrup Metro, Sonitpur, Biswanath and Lakhimpur have participated. Dr. Sarat Borkataki, Principal, Nowgong College inaugurated the event. As a jury member Dr. Khargeswar Bhuyan, Retd. Principal of Nowgong College, Pankaj Hazarika, educationist & social representative of UNO, Randip Nandi, social worker, Sujit Das, noted artist and Guinness world record holder and senior journalist Hareswar Borah were present. P. Chakravorty, District Youth officer of Nehru Yuva Kendra, Nagaon & Dr. Bhuban ch Chutia,

Programme Officer, NSS unit, Nowgong College highlighted the importance of this youth parliament.



- **Success Story: Collaborative COVID-19 and Vaccination Awareness Programme**

NSS Unit of Nowgong College (Autonomous) organized a door to door Collaborative COVID-19 and Vaccination Awareness Programme at different villages of Raha. With the guidance and association of Raha Govt. S. H. C. medical officials a four member team of NSS volunteer, namely, Sri. Pulak Jyoti Das of Nowgong College (Autonomous), Trishamoyee Borah of Dibrugarh University, Chandan Jyoti Konwar of USTM and Moon Borah of Kaziranga University conducted the awareness programme under the supervision of Dr. Bhuban Ch. Chutia, Programme Officer, NSS Unit, Nowgong College (Autonomous). During the awareness programme volunteers were visited different household of Garmari and Raha village interacted with individuals about COVID-19, importance of vaccination, sanitization, online registration process for vaccination etc. Dr. Sarat Borkataki, Principal of Nowgong College (Autonomous) appreciated the initiative of volunteers. He also added that NSS is unique platform students to develop their personality through community service and this type of collaborative venture will be the milestone for fighting against COVID-19.



Special Camp: 2021-2022

The NSS (National Service Scheme) unit of the college organizes NSS Special Camp for the session 2021-2022 from dated 15th March to 21st March 2022. The seven-day-long Special Camp in adopted village Bangthai (Bebejia), where volunteers actively engage in a diverse range of activities. These camps include socio-economic, village, and household surveys, cultural programs, cleaning and plantation drives, and health check-up camps. Renowned personalities from the community are often invited to participate, enriching the experience with their insights and support.

During the camp various awareness programme on Govt. flagship programme such as Ujjwala Yojna, Pradhanmantri Jeevan Beema Yojna, Digital literacy, Cashless India etc. were organized. Volunteers also offered community services through “Shram Daan”.

